Hosted by: Kanata Beaverbrook Community Assoc.

Supported by EnviroCentre and Ontario Trillium Foundation

Organized by Transportation Action Committee Kanata-North, Councilor Wilkinson's office, City of Ottawa Safer Roads Ottawa, EnviroCentre's Sustain Kanata North



Kanata Beaverbrook A GARDEN CITY COMMUNITY



11 back cover



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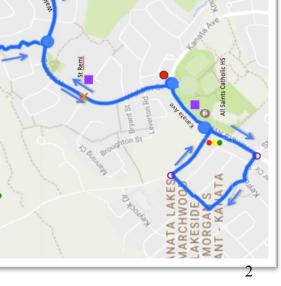
## Mobile Bike Rodeo

Sunday June 4th, 2017 1 pm - 4 pm Start and end at W. Erskine Johnston Public School, 50 Varley Drive, Kanata

Name:

front cover





## Thanks to our Official Sponsors

Prizes and Food Donated by

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## pecal play

www.pedalplaymobilebikerodeo.com Follow us on Facebook and Twitter

Special Thanks to Ottawa Safety Council, Crossing Guard Volunteers, MobiVelo, City Of Ottawa, OPP, Councilor Wilkinson and staff, and the dedicated volunteers who worked hard to organize this event!

For more family-friendly information, check out the Young Cyclists Guide available at www.mto.gov.on.ca

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1 inside front cover

WEJ Station Helmet Fitting and Basic Bike Maintenance 2 stickers All Saints Station Speed Bumps, Traffic Circles, and Crossovers 3 stickers

Always wear a helmet whenever you ride a bike! Check the fit regularly.

Remember

- two fingers between the brow and the helmet
- V-shape straps below the ears
- one finger between chin strap and chin



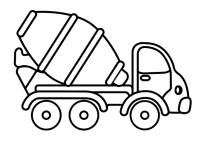


St Remi Station One-meter rule and Large Trucks <sup>2</sup> stickers

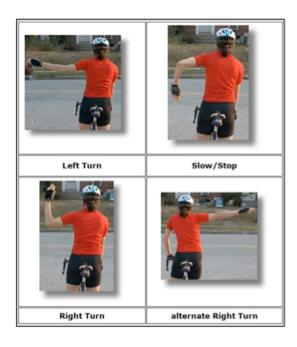
- Remember drivers in large trucks can't easily see cyclists.

- Always be aware of blind spots.
- Be very careful around garbage trucks.

- When you are going around a parked car, give space in case somebody opens the door. Always leave one meter so you don't get "doored."



WEJ Station Hand Signals Figure 8's Mini Mainstreet 3 stickers



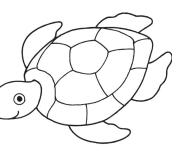
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Beaverpond Station 1 Blanding Turtle and the Environment 1 sticker Beaverpond Station 2 Gear Changing on a Hill 1 sticker

Help keep our waterways clean! (info to be obtained from Nick Stowe)

- pick up garbage especially plastic that clogs waterways

- ride your bike to go places more often
- watch out for turtles



Practice changing gears, so that you can use them when you need them, like climbing a hill or starting fast from a stop. Pedaling should be easy so you don't get tired. Gears can make cycling even more fun!



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